



## Player Code of Conduct

1. To attend ALL practices/games in-line with your team and coaches instruction.
2. Keep my skill level at the level of my team or strive to improve it to a better level.
3. Let my coach know as soon as possible if I will be late or miss my practice or game.
4. Be disciplined, focused and ready to train on practice days and ready to play on match days.
5. Always come ready to play with boots, shin guards and LOTS of water.
6. Always bring any necessary medications like inhalers
7. I recognize that AAFC is a select group of athletes that understand that discipline is required to play soccer at a high level.
8. I will work very hard, have fun, and will be fair at all times.
9. I will act in a cooperative manner with my coach, manager, referees and teammates.
10. I will respect the coaches, officials, parents and all players regardless of race, religion, gender or athletic ability.
11. I will not engage in unsportsmanlike conduct such as booing, ridiculing, taunting, refusal to shake hands or usage of any profane language or gestures.
12. I will always do my best.
13. I will work for the good of my team.
14. I will always participate for my own enjoyment and benefit.
15. I will accept the decision of officials and coaches though I may not always agree with the decision.
16. Talking back to coaches or any official is not acceptable.
17. I will be generous when I win and gracious when I lose.
18. I will shake hands with and thank the opposition at the end of the game no matter what the outcome.
19. I will care for and respect the facilities and equipment made available to me during training and competition.
20. I will not promote the use of alcohol, tobacco or drugs at any time.